

**Birdman's®**

# All Natural PHEASANT Chorizo

## Nutrition Facts

Serving Size 1 sausage (85g) 3 oz.

Servings Per Container 4

Amount Per Serving

**Calories 110**      **Calories from Fat 30**

**% Daily Values\***

**Total Fat 3.5g**      **6%**

**Saturated Fat 1g**      **2%**

**Trans Fat 0g**

**Cholesterol 50mg**      **10%**

**Sodium 500mg**      **10%**

**Total Carbohydrate 3g**      **1%**

**Dietary Fiber 0g**      **0%**

**Sugars 2g**

**Protein 17g**

**Vitamin A 15%**      =      **Vitamin C 5%**

**Calcium 2%**      =      **Iron 10%**

\*Percent Daily Values are based on a diet of 2,000 calories a day. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	65g
Saturated Fat	Less than	30g	30g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	25g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4